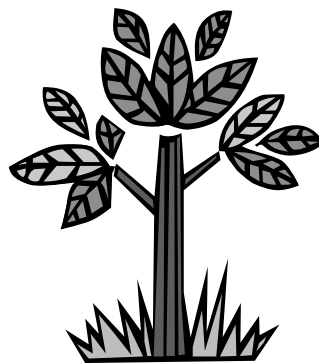


**SOUTH DAKOTA  
ACADEMY OF**



# Physician Assistants

**FALL CONTINUING MEDICAL EDUCATION  
CONFERENCE**



**SEPTEMBER 13, 14 & 15, 2007**

**SHERATON HOTEL & SIOUX FALLS CONVENTION CENTER  
(Hotel) 1211 N. WEST AVE. & (Center) 1101 N. WEST AVE.  
SIOUX FALLS, SOUTH DAKOTA  
(605) 331-0100 or (605) 627-8088**

**CONFERENCE & EXHIBITS IN EXHIBIT HALL 1**

## SDAPA FALL CME CONFERENCE, SEPTEMBER 13-15, 2007

**Wednesday, September 12, 2007**

**6:30pm: Board of Directors Meeting –  
Meeting Room #3**

**Thursday, September 13<sup>th</sup>, 2007 (6 Hours)**

**7:30 a.m. Registration desk open  
Refreshments in Exhibitors Display Area**

8:30 – 10:30 a.m. *The Role of the Medical Provider in Child Abuse Evaluations.* Richard Kaplan, MSW, MD, Associate Director, Midwest Regional Child Advocacy Center, St. Paul, MN; Medical Director at University of Minnesota Children's Hospital Center for Safe & Healthy Children; Medical Director for Child Evaluation Center, St. Mary's Hospital, Pierre, SD; Associate Professor of Pediatrics, University of Minnesota School of Medicine, Minneapolis, MN. Received his medical degree at the University of SD. Residency at Phoenix Children's Hospital, Phoenix, AZ.

At the conclusion of this session, the participant will be able to:

1. Discuss the role of the medical provider.
2. Discuss updates on current research and standards for evaluating child abuse.
3. Discuss differentiating accidental from inflicted trauma.

**10:30 – 11:00 a.m.: Break in Exhibit Area**

11:00 – 12:00 Noon: *Psoriatic Arthritis: Clinical Presentation, Pathophysiology, Assessment and Management.* P. James Eckhoff, Jr., MD. Sanford Clinic Rheumatology-f/k/a Central Plains Clinic North Center, Sioux Falls, SD. Received MD at the University of Minnesota, Residency at Detroit General (Receiving) Hospital, Wayne State Affiliated Hospitals, Department of Medicine, Detroit, MI.

At the conclusion of this session, the participant will be able to:

1. Discuss the clinical presentation and classification of psoriatic arthritis.
2. Discuss the pathophysiology of psoriatic arthritis and how it is distinct from rheumatoid arthritis.
3. Discuss the approaches to management of psoriatic arthritis.

12:00 – 1:00 p.m.: Luncheon "GERD". Speaker, Rhonda Cole MD, Houston, TX. MD degree from Washington University School of Medicine in St. Louis, MO and residency in Internal Medicine AAPA, Product Theater Learning Speaker, This session is presented through AAPA Chapter Product Theater Series, *This program was supported by an educational grant from Wyeth.* This session is not eligible for CME Credit.

**1:00 – 2:00 p.m.: SDAPA Business Meeting**

2:00 – 3:00 p.m.: *AAPA Update*, Bill Fenn, Ph.D, PA, First Vice Speaker, House of Delegates American Academy of Physician Assistants, Western Michigan University Physician Assistants Department, Kalamazoo, Michigan. Served in a leadership role on the AAPA Board of Directors since 2003. Dr. Fenn is a prolific speaker,

author, and columnist. He has written numerous clinical articles. Doctor of Philosophy, Pacific Western University.

At the conclusion of this session, the participant will be able to:

1. Discuss the national health care platform on health literacy and how PAs are involved and can get involved.
2. Provide an AAPA Update on how AAPA works to support its members.
3. Provide an update on AAPA initiatives across different departments.

**3:00 – 3:15 p.m.: Break in Exhibit Area**

3:15 – 4:15 p.m.: *Restless Leg Syndrome.* Todd A. Zimprich, MD. Neurology Associates, P.C., Sioux Falls, SD. Received his medical degree and residency in Neurology at Mayo Graduate School of Medicine, Rochester, MN. Is a member of the American Academy of Neurology. *This program is supported by an educational grant from Boehringer Ingelheim Pharmaceuticals, Inc..*

At the conclusion of this session, the participant will be able to:

1. Evaluate the symptoms and features of restless legs syndrome (RLS) and the negative impact on quality of life.
2. Assess ways to improve the recognition and diagnosis of RLS.
3. Discuss the management of RLS.

4:15 – 5:15 p.m.: *CT vs. MRI for Lumbar Sacral Spine Evaluation.* Lawrence M. Leon, MD, DABR, Currently Clinical Assistant Professor, University of SD School of Medicine, Physician Assistant Program and Medical Doctor Program. Former Chief of Staff, Avera Sacred Heart Hospital, Yankton, SD. Received medical degree at USD School of Medicine, Vermillion, SD.

At the conclusion of this session, the participant will be able to:

1. Discuss which is the most appropriate test to order based on patient findings
2. Recognize the common abnormalities on both MRI and CT for Lumbar-sacral pathologies.
2. Discuss the etiology of Lumbar Sacral Back pain and the common manifestations.
- 3.

**Friday, September 14<sup>th</sup>, 2007 (8 Hours)**

**6:30 – 8:00 a.m. Registration Desk Open  
Refreshments in Exhibitors Area**

7:00 – 8:00 a.m.: *Rehab Approaches to Muscle and Nerve Pain.* Judith R. Peterson, MD, PC, dba SoDak Rehab, Sioux Falls, SD. Received degree in Medicine at Cornell University Medical College. Residency, Physical Medicine and Rehabilitation at the Rehabilitation Institute of Chicago, McGaw Medical Center at Northwestern University Medical School & Thomas Jefferson University, Philadelphia, PA. Is a consultant to Balleraena Dance Company, Pennsylvania Ballet, Sioux Falls Derby Dollz, Sioux Falls Rugby & Dakota Academy of Performing Arts.

At the conclusion of this session, the participant will be able to:

1. Discuss diagnoses neuropathy of hands and feet.
2. Identify treatment options for neuropathy of hands and feet.
3. Identify and discuss treatment options for patients with shoulder pain.

8:00 – 9:00 a.m.: *Stroke and the Young Adult*. William R. Rossing-MD, Neurology Associates, Sioux Falls, SD. Received medical degrees as an undergraduate BA in Biology, Augustana College, Sioux Falls, SD and Postgraduate, MD at the USD School of Medicine. Residency University of Wisconsin Neurology.

At the conclusion of this session, the participant will be able to:

1. Discuss the differential diagnoses of Stroke in the Young Adult.
2. Discuss the signs and symptoms of Stroke in the Young Adult.
3. Discuss the treatment and management of strategies of Stroke in the Young Adult.

9:00 – 10:00 a.m.: *What's New In Vaccines*. W. Manford Gooch III – MA, MD, Adjunct Professor of Pediatrics at the University of Utah School of Medicine & Primary Children's Medical Center in Salt Lake City, Utah. He received his medical degree from Baylor University College of Medicine where he also completed a residency and chief residency in Pediatrics and a fellowship in Infectious Diseases and Immunology. In addition, he completed a residency and postdoctoral fellowship in Pathology at the University of Texas, Southwestern Medical School where he also received a Master of Arts degree in Microbiology. Dr. Gooch has published over 100 communications in medical journals, and he has served as a member of the Editorial Boards of the Journal of Drug Development and Pharmacotherapy. His current research interests center upon development and application of bacterial and viral immunizations, antimicrobials, and new technologies of infectious disease diagnosis. . *This program was supported by an educational grant from Sanofi Pasteur.*

At the conclusion of this session, the participant will be able to:

1. Recognize the value of and reasoning behind endorsement of use of meningococcal conjugate vaccines.
4. Define the need for pertussis booster vaccinations of adolescents & adults in the U.S.
5. Discuss the national recommendations regarding use of meningococcal & pertussis vaccines in the U.S.
6. Identify risk factors in acquiring HPV infection.

### 10:00 – 10:15 a.m.: Break in Exhibit Area

10:15 - 11:15 a.m.: *Evaluation and Management of Asthma*. W. Manford Gooch III – MA, MD, Adjunct Professor of Pediatrics at the University of Utah School of Medicine & Children's Medical Center, Salt Lake City, UT. *This program was supported by an educational grant from Abbott.*

At the conclusion of this session, the participant will be able to:

1. Examine the diagnostic evaluation of asthma and the value of environmental control.
2. Discuss pharmacotherapy of asthma.
3. Describe the classification of asthma based on national guidelines.

11:15 – 12:15 p.m.: *Congestive Heart Failure: Concepts and Therapies*. Jerry Moench MD, FACC, Invasive Cardiology, North Central Heart Institute, Sioux Falls, SD. Received Medical degree at the University of Minnesota, Minneapolis, MN. Is a member of the SD State Medical Association, Seventh District Medical Society and Fellow, American College of Cardiology. Appointed to University of SD School of Medicine, Clinical Associate Professor of Cardiology. Has participated in numerous research studies.

At the conclusion of this session, the participant will be able to:

1. Review the mechanisms and diagnosis of heart failure and goals of therapy.
2. Discuss the impact of early intervention with current drug regimens.
3. Identify the importance of patient and family education and regular follow-up.

12:30 – 1:30p.m.: EXUBERA. Luncheon Speaker, Robert Dougherty, PA. AAPA Product Learning Theater. This session is presented through AAPA Chapter Product Theater Series. *This program is supported by an educational grant from Pfizer.* This session is not eligible for CME credit.

### 1:30 – 2:00 p.m.: SDAPA Committee Meeting

2:00 – 3:00 p.m.: *Renal Artery Stenosis – Diagnosis and Rationale for Intervention*. J. Michael Bacharach-MD, MPH, FACC, Section Head, Vascular Medicine & Peripheral Vascular Intervention, North Central Heart Institute, Sioux Falls, SD. Medical degree from University of Wisconsin Medical School, Internal Medicine Internship & Residency at Mayo Clinic Graduate School of Medicine, Cardiology & Cardiovascular Fellowship at Mayo Clinic Graduate School of Medicine, Rochester, MN. Vascular Medicine, Fellow at Cleveland Clinic Foundation. Active Medical Staff appointments at Avera Heart Hospital of SD, Avera McKennan Hospital & Sanford Health Hospital, for Vascular Medicine, Cardiology, Sioux Falls, SD. Has numerous publications.

At the conclusion of this session, the participant will be able to:

1. Discuss the natural history of renal artery stenosis(RAS) and mortality in end stage renal disease attributed to RAS.
2. Provide clinical clues to suggest diagnosis of renal artery stenosis and outline appropriate diagnostic testing.
3. Review Treatment options for renal artery stenosis and outcomes.

### 3:00 – 3:15 p.m.: Break in Exhibit Area

3:15 – 4:15 p.m.: *Recertification Pearls Panel*. Nancy Trimble, PA-C, USD Physician Assistants Studies Program, USD, Vermillion, SD

At the conclusion of this session, the participant will be able to:

1. Review clinical presentations of various disease pathology.
2. Discuss the work-up of these disease processes.
3. Discuss the treatment options for each disease process.

4:15 – 5:15 p.m.: *Differential Diagnosis of Foot Pain.*, Benjy Olsen – MD, Podiatrist, Orthopaedic Consultants, Sioux Falls, SD. Received medical degree as Doctor of Podiatric Medicine, Des Moines University-Osteopathic Medical Center, College of Podiatric Medicine and Surgery, Des Moines, IA. Post Doctoral Training at Podiatric

Surgical Residency, and Primary Podiatric Medical Residency, Covenant Medical Center, Waterloo, IA. Is a member of the American College of Foot and Ankle Surgeons, American Podiatric Medicine Association & Iowa Podiatric Medical Association.

At the conclusion of this session, the participant will be able to:

1. Review the pathophysiology of foot pain.
2. Discuss the differential diagnoses of foot pain.
4. Review the treatment options for foot pain.

**Saturday, September 15<sup>th</sup>, 2007 (4 Hours)**

8:00 – 9:00 a.m.: *Recertification Pearls Panel*. Nancy Trimble, PA-C, USD Physician Assistants Studies Program, USD, Vermillion, SD

At the conclusion of this session, the participant will be able to:

1. Review clinical presentations of various disease pathology.
2. Discuss the work-up of these disease processes.
3. Discuss the treatment options for each disease process.

9:00 – 10:00 a.m.: *X-ray Primer*. John Barnett, PA-C, McGreevey Clinic-Avera-Salem, Salem, SD. Received degree at the University of Washington, Medex Program 1979, PA Studies. Creighton University – BS.

At the conclusion of this session, the participant will be able to:

1. Review and interpret common and dangerous abnormal chest radiographic findings.
2. Develop a systematic approach to interpretation and chest and upper extremity radiographs.
3. Recognize and discuss common radiographic abnormalities of the upper extremities.

**10:00 – 10:15 a.m.: Break**

10:15 – 11:15 a.m.: *Vaginitis Review*. Louise Papka, MPAS, PA-C, Academic Coordinator/Assistant Professor, Physician Assistants Studies Program, Sanford School of Medicine and Health Sciences, University of South Dakota, Vermillion, SD. Received Master of Physician Assistant Studies, University of Nebraska Medical Center. BS, Physician Assistant Program at the University of Osteopathic Medicine and Health Sciences, Des Moines, IA. PA part-time at Yankton Medical Clinic, Yankton, SD and its sister clinic the Vermillion Medical Clinic, Vermillion, SD. Part-time internal Medicine coverage at Vermillion Medical Clinic. Courtesy staff privileges at Sanford Vermillion Medical Center Hospital.

At the conclusion of this session, the participant will be able to:

1. Describe the clinical manifestations and pathogenesis of Vaginitis.
2. Discuss the CDC recommended treatment regimens for Vaginitis.
3. Describe appropriate partner management and prevention strategies for Vaginitis.

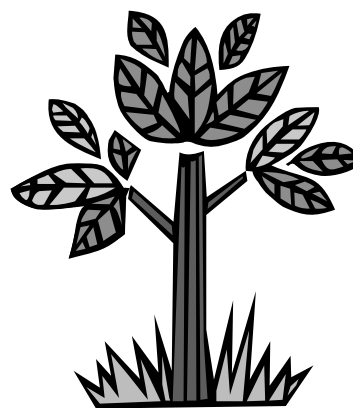
11:15 – 12:15 p.m.: *Insulin Management in Type 1 and Type 2 Diabetes*. Kristi Stemsrud, PA-C, Sanford Clinic-Diabetes & Thyroid. Sioux Falls, SD. Received her PA degree at the University of South Dakota School of Medicine. Previously worked as a PA, Internal Medicine, Brown Clinic, Watertown, SD. Has worked as a volunteer

Watertown Diabetes Coalition, Camp Gilbert-Camp for Children with Diabetes and is an Affiliate with the American Diabetes Association.

At the conclusion of this session, the participant will be able to:

1. Discuss and differentiate between conventional and intensive insulin management regimens.
2. Discuss barriers to insulin therapy.
3. Discuss how to add insulin to management of Type 2 Diabetes.
4. Discuss new insulin such as inhaled insulin.

**12:15 p.m.: Drawing for Dollars, Final Comments**



**MARK YOUR CALENDAR**

**SDAPA WINTER CME  
CONFERENCE**

**Ramkota Best Western Hotel,  
Rapid City, SD**

**FEBRUARY 21, 22 & 23, 2008**

**LEGISLATIVE RECEPTION  
January 23, 2008 – 5:30pm  
Ramkota-Pierre, SD**

**PA WEEK - OCTOBER 6-12**

*This program has been reviewed and is approved for a maximum of 18 hours of AAPA Category I (Preapproved) CME credit by the Physician Assistant Review Panel. Physician Assistants should claim only those hours actually spent participating in the CME Activity.*

*This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial support of Live Programs.*



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